



Level 1 Certificate in Construction Skills **and** Level 1 Health and Safety

REMOTE LEARNING

INCLUDES:

FREE toolkit
FREE travel
FREE CSCS Card
FREE PPE



What do I need?

There are no formal entry requirements for this course; however you do need to be aged 19 or over, be unemployed or on benefits. You also need to have been a resident in the UK/EU for 3 years prior to starting the course.

How to get started

You will need to be interested in working in the construction sector: A course application form should be completed prior to course commencement and proof of benefits is required.

The course will be delivered remotely (online) until the Construction Skills Academy can re-open to proceed with practical learning.

Location

Unit 3, Bensham Trading Estate, Lobley Hill Rd, Gateshead NE8 2XN.



If you require any further information, please visit **trainltd.org** or contact us at:

Tel: **07309645610**

Email: **train@trainltd.org**

Programme Structure

The programme is made up of the following components:

- Level 1 Certificate in Construction Skills
- Level 1 Award in Health & Safety in a Construction Environment Qualification

- Introduction to Health and Safety in Construction
- Introduction to the Construction Industry
- Painting Techniques
- Tiling a Plain Wall
- Setting Out and Laying Gravel Paths
- Constructing Half-brick Return Corners
- Laying Block Paving
- Mixing and Using Concrete

Foundation Skills:

You will also acquire foundation skills required (Including updating your CV) to seek employment and/or career progression in the construction sector including roles as a labourer.

Duration and Times

The elements of the course are delivered over 2 weeks, 9:00am to 4:30pm each day. Plus one day on course completion for the CSCS element of the course.

To follow Covid-19 regulations, teaching will be delivered remotely (Online) until the centre can re-open. Upon re-opening, students will work socially distanced, with appropriate safety measures in place.



TRN (Train) promote and support equal opportunities.